		VILLAGE HALL – WHAT'S ON		
		FILMS THIS MONTH - 16th Sept: "The Banshees of Inisherin"; 30th Sept: "A Yak in the Classroom"		
		September 2023		
DAY	DATE	MORNING	AFTERNOON	EVENING
Fri	1	Judy Manson Fitness 10am	1 1	BAR OPEN 6.30
Sat	2			
Sun	3	<<<<<<		
Mon	4	ART EAST ANGLIA	Art Class 9am – 4.30pm	
Tue	5	Coffee Shop 10am - 12 noon	Tai Chi for Health 2 – 3pm	
Wed	6	VH Working Party 9am		
Thu	7			Yoga 6.30pm – 8.30pm
Fri	8	Judy Manson Fitness 10am		BAR OPEN 6.30
Sat	9	ART EAST ANGLIA AF	RT WORKSHOP 9 – 5pm	
Sun	10	ART EAST ANGLIA AF	RT WORKSHOP 9 – 5pm	
Mon	11	ART EAST ANGLIA	Art Class 9am – 4.30pm	
Tue	12	Coffee Shop 10am - 12 noon	Tai Chi for Health 2 – 3pm	
Wed	13			Meditation & Mindfulness 7-8
Thu	14			Yoga 6.30pm – 8.30pm
Fri	15	Judy Manson Fitness 10am		BAR OPEN 6.30
Sat	16	FILM NIGHT - "The Ba	anshees of Inisherin" (15) Doors	& bar open 7pm; tickets £5
Sun	17			
Mon	18	ART EAST ANGLIA	Art Class 9am – 4.30pm	
Tue	19	Coffee Shop 10am – 12 noon	Tai Chi for Health 2 – 3pm	
Wed	20			Meditation & Mindfulness 7-8
Thu	21			Yoga 6.30pm – 8.30pm
Fri	22	Judy Manson Fitness 10am		BAR OPEN 6.30
Sat	23	ART EAST ANGLIA AF	RT WORKSHOP 9 – 5pm	
Sun	24	ART EAST ANGLIA AF	RT WORKSHOP 9 – 5pm	
Mon	25	ART EAST ANGLIA Art Class 9am – 4.30pm		
Tue	26	Coffee Shop 10am – 12 noon	Tai Chi for Health 2 – 3pm	
Wed	27	HINDOLVESTON STITE	CHING GROUP 10 - 3pm	Meditation & Mindfulness 7-8
Thu	28			Yoga 6.30pm – 8.30pm
Fri	29	Judy Manson Fitness 10am		BAR OPEN 6.30 Folknight 8.30
Sat	30	N. Norfolk Life Drav	ving Group 10 - 4pm	Foreign Film Night – doors 7pm
	31			
			October 2023	
DAY	DATE	MORNING	AFTERNOON	EVENING
Sun				
Mon	2		ELLNESS EVENT" Times to be a Art Class 9am – 4.30pm	
	3	Coffee Shop 10am – 12 noon	-	
Tue Wed	4	VH Working Party 9am	rai Chi for Health 2 – Spin	Meditation & Mindfulness 7-8
Thu	5	VII WORKING Farty Sain		Yoga 6.30pm – 8.30pm
Fri	6	Judy Manson Fitness 10am		BAR OPEN 6.30
Sat	7	Judy Manson Fitness Toann		BAR OF EN 0.30
Sat	1	C	NITACTS FOR CR	OLIDE
		CONTACTS FOR GROUPS		
	NEW	Meditation & Mindfulness	Justeene Eke	07971 754098
		Exercise Class	Judy Manson	01263 861746
		Tai Chi	Keith & Gloria	01603 622904; 07946 397595
		Yoga	Nell Chislett	07813 005720
		N. Norfolk Life Drawing Gp	Marcus Kellard	07811 450862
		Cinema	Frances Wingate	01263 860257
		Art Workshops	Merrie Dadd	01328 700682; 07857 816495
Villag	e Hall	bookhvhall@gmail.com;	Wendy & Terry Temple	01263 861439
Hindolveston Village Website: hindolvestonparishcouncil.norfolkparishes.gov.uk				