

PositiviTea



Come along, chat & connect

PositiviTea brings voluntary groups and statutory organisations out to the community so that people can have face-to-face conversations and explore what health & wellbeing support is available to them.

Maybe you're struggling with your mental health or worried about the cost of living. Perhaps you're a Carer or you're concerned about a friend or neighbour who is. Or you'd simply like to find out more about what's happening in your local area.

Do come along, chat and connect!

You'll receive a warm welcome at PositiviTea - there's free tea, coffee & cake and activities you can join in with.

Tuesday 10 October

Walsingham Parish Hall

10am-12noon

in collaboration with Coastal Community Supermarket

(www.facebook.com/coastalcommunitysupermarket)

Wednesday 11 October

Northrepps Village Hall

10am-12noon

in collaboration with Cuppa Care

(www.hearfornorfolk.gov.uk/cuppa-care/)

Wednesday 18 October

Briston Pavillion

10:30am-12:30pm

Thursday 19 October

Neatishead New Victory Hall

10am-12noon

For more information contact: healthandwellbeingpartnership@north-norfolk.gov.uk



**NORTH
NORFOLK
DISTRICT
COUNCIL**

North Norfolk
**Health &
Wellbeing
Partnership**