

VILLAGE HALL – WHAT'S ON

Saturday 21st October is FILMNIIGHT: “Aftersun” (12); doors 7pm

October 2023

DAY	DATE	MORNING	AFTERNOON	EVENING
Sun	1	WELLNESS EVENT 10am – 4pm		
Mon	2	ART EAST ANGLIA ART Art Class 9 – 4.30pm		
Tue	3	Coffee Shop 10am – 12 noon	Tai Chi for Health 2 – 3pm	
Wed	4	VH Working Party 9am		Meditation & Mindfulness 7- 8
Thu	5			Yoga 6.30pm – 8.30pm
Fri	6	Judy Manson Fitness 10am		BAR OPEN 6.30
Sat	7			
Sun	8			
Mon	9	ART EAST ANGLIA ART Art Class 9 – 4.30pm		
Tue	10	Coffee Shop 10am – 12 noon	Tai Chi for Health 2 – 3pm	
Wed	11			Meditation & Mindfulness 7- 8
Thu	12			Yoga 6.30pm – 8.30pm
Fri	13	Judy Manson Fitness 10am		BAR OPEN 6.30 Ladies' Night 7.30
Sat	14	ART EAST ANGLIA ART WORKSHOP 9 – 5pm		
Sun	15	ART EAST ANGLIA ART WORKSHOP 9 – 5pm		
Mon	16	ART EAST ANGLIA ART WORKSHOP 9 – 5pm		
Tue	17	Coffee Shop 10am – 12 noon	Tai Chi for Health 2 – 3pm	VH Committee Meeting 7pm
Wed	18			Meditation & Mindfulness 7- 8
Thu	19			Yoga 6.30pm – 8.30pm
Fri	20	Judy Manson Fitness 10am		BAR OPEN 6.30
Sat	21	IT'S FILMNIIGHT!! Doors open at 7pm for “AFTERSUN” (12) Licensed bar		
Sun	22			
Mon	23			
Tue	24	Coffee Shop 10am – 12 noon	Tai Chi for Health 2 – 3pm	
Wed	25	HINDOLVESTON STITCHING GROUP 10 – 3pm		Meditation & Mindfulness 7- 8
Thu	26			Yoga 6.30pm – 8.30pm
Fri	27	Judy Manson Fitness 10am		BAR OPEN 6.30 Folk Music 8.30
Sat	28	NORFOLK LIFE DRAWING GROUP 10 – 4pm		Talk by local author 7.30; bar 7pm
Sun	29			
Mon	30	ART EAST ANGLIA ART Art Class 9 – 4.30pm		
Tue	31	Coffee Shop 10am – 12 noon	Tai Chi for Health 2 – 3pm	

November 2023

DAY	DATE	MORNING	AFTERNOON	EVENING
Wed	1	VH Working Party 9am		Meditation & Mindfulness 7- 8
Thu	2			Yoga 6.30pm – 8.30pm
Fri	3	Judy Manson Fitness 10am		BAR OPEN 6.30
Sat	4	Foreign Filmnight - “PORTRAIT OF A LADY ON FIRE” (15) Doors / bar 7pm		
Sun	5			
Mon	6	ART EAST ANGLIA ART Art Class 9 – 4.30pm		
Tue	7	Coffee Shop 10am – 12 noon	Tai Chi for Health 2 – 3pm	

CONTACTS FOR GROUPS

NEW	Meditation & Mindfulness	Justeene Eke	07971 754098
	Exercise Class	Judy Manson	01263 861746
	Tai Chi	Keith & Gloria	07946 397595
	Yoga	Nell Chislett	07813 005720
	N. Norfolk Life Drawing Gp	Marcus Kellard	07811 450862
	Cinema	Frances Wingate	01263 860257
	Art Workshops	Merrie Dadd	07857 816495
Village Hall	bookhvhall@gmail.com ;	Wendy & Terry Temple	01263 861439
	Hindolveston Village Website: hindolvestonparishcouncil.norfolkparishes.gov.uk		