		VILLAGE HALL – WHAT'S ON			
	FILM NIGHT Saturday 20 th January: <i>"BARBIE" - the smash hit film!!!</i> Doors open 7pm				
			January 2024	4	
DAY	DATE	MORNING	AFTERNOON	EVENING	
Mon	1				
Tue	2	Coffee Shop 10am – 12 noon	Tai Chi for Health 2 – 3pm		
Wed	3	VH Working Party 9am		Meditation & Mindfulness 7-8	
Thu	4	1 1 1 1			
Fri	5	Judy Manson Fitness 10am		BAR OPEN 6.30	
Sat	6 7	Pre-shoot breakfast 6.30am			
Sun Mon	8				
Tue	9 9	Coffee Shop 10am – 12 noon	Tai Chi for Health 2 – 3pm		
Wed	10		Tai Chi Toi Health 2 – Spin	Meditation & Mindfulness 7-8	
Thu	10			Yoga 6.30pm – 7.30pm	
Fri	12	Judy Manson Fitness 10am		BAR OPEN 6.30	
Sat	12				
Sun	13				
Mon	15	ART EAST ANGLIA	Art Class 10am – 4pm		
Tue	16	Coffee Shop 10am – 12 noon			
Wed	17	Private Booking		Meditation & Mindfulness 7-8	
Thu	18			Yoga 6.30pm – 7.30pm	
Fri	19	Judy Manson Fitness 10am		BAR OPEN 6.30	
Sat	20	Pre-shoot breakfast 6.30am	Film Night It's "BA	RBIE"!!! - Doors open 7pm	
Sun	21				
Mon	22		Art Class 10am – 4pm		
Tue	23	Coffee Shop 10am – 12 noon			
Wed	24	HINDOLVESTON STIT	CHING GROUP 10 – 3pm	Meditation & Mindfulness 7-8	
Thu	25			Yoga 6.30pm – 7.30pm	
Fri	26	Judy Manson Fitness 10am		BAR OPEN 6.30 & FOLK NIGHT 8p	
Sat	27	NORTH NORFOLK LIFE DI	RAWING CLASS 10am – 4pm		
Sun	28				
Mon	29		ART Class 10– 4pm		
Tue	30	Coffee Shop 10am – 12 noon	Tai Chi for Health 2 – 3pm		
Wed	31			Meditation & Mindfulness 7-8	
		February 2024			
DAY	DATE	MORNING	AFTERNOON	EVENING	
Thu	1			Yoga 6.30pm – 7.30pm	
Fri	2	Judy Manson Fitness 10am		BAR OPEN 6.30	
Sat	3		T WORKSHOP 10 – 4pm		
Sun	4		T WORKSHOP 10 – 4pm		
Mon	5		Art Class 10am – 4pm		
Tue	6	Coffee Shop 10am – 12 noon	Tai Chi for Health 2 – 3pm		
Wed	7	VH Working Party 9am		Meditation & Mindfulness 7-8	
	CONTACTS FOR GROUPS				
	NEW	Meditation & Mindfulness	Justeene Eke	07971 754098	
		Exercise Class	Judy Manson	01263 861746	
		Tai Chi	Graham	01263 861748	
		Yoga	Nell Chislett	07813 005720	
		N. Norfolk Life Drawing Gp	Marcus Kellard	07811 450862	
		Cinema	Frances Wingate	01263 860257	
		Art Workshops	Merrie Dadd	07857 816495	
Villag	e Hall	bookhvhall@gmail.com;	Wendy & Terry Temple	01263 861439	
			/ebsite: hindolvestonparishco	uncil.norfolkparishes.gov.uk	

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